

HAMPSHIRE REGIONAL HIGH SCHOOL

19 Stage Road
Westhampton, MA 01027

Telephone: (413) 527-7680
Fax: (413) 527-1831
Guidance: (413) 529-2780
Fax: (413) 529-2782

Laurie A. Hodgdon
Principal

Mark A. Folta
Assistant Principal

Kristen M. Bouley
Assistant Principal



September 1, 2011

Dear 7th Grade Learning Community,

This letter is to inform you that there are students on your child's team in the middle school that have a severe peanut/nut allergy. Strict avoidance of peanut/nut products is the only way to prevent a life threatening allergic reaction.

We are asking your assistance in providing the student with a safe learning environment.

If exposed to peanuts/nuts the student may develop a life threatening allergic reaction that requires emergency medical treatment. The greatest potential for exposure at school is to peanut products and nut products. To reduce the risk of exposure, the team's classrooms will be peanut/nut safe. Please do not send any peanut or nut-containing product for your child to eat during snack in the classrooms. Any exposure to peanuts or nuts through contact or ingestion can cause a severe reaction. If your child has eaten peanut or nut prior to coming to school, please be sure your child's hands have been thoroughly washed prior to entering the school.

Since lunch is eaten in the cafeteria, and both 7th Grade Teams eat together, your child may not bring peanut butter, peanut or nut products for lunch. In the cafeteria there will be a designated peanut safe table where any classmate without peanut or nut products can sit. This plan will help to maintain safety in the classroom while eating lunch, and following lunch, students will wash their hands prior to returning to the classroom. The tables will be cleaned with soap and water after each lunch.

We appreciate your support of these procedures.

Sincerely,

Laurie Hodgdon, Ed.D
MS/HS Principal

Kristen Bouley, M.Ed
MS Assistant Principal

Healthy snack time for 7th graders is during 3rd period. Please consider the following peanut/nut safe options:

- Graham crackers
- Goldfish
- Fruit
- Vegetables
- Fruit Roll-Ups
- Baked Chips
- Fruit cups
- Cheez-its
- Yogurt