

HAMPSHIRE REGIONAL HIGH SCHOOL

OFFICE HOURS:

MONDAY – THURSDAY, 7:00 A.M. – 3:30 P.M.
FRIDAY – 7:00 AM – 3:00 PM



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NEWSLETTER

JANUARY FEBRUARY 2009

FROM THE PRINCIPAL

The New Year brings with it a renewed commitment and focus to our work as a school community. Many of our seniors are awaiting confirmation of their plans for the future, which include college acceptances. Winter sports have begun; rehearsals for our musical are in full swing; and mid terms and finals are approaching. We also use this time of the year to reflect back on our past work. November and December seemed to be choppy months with holiday breaks and weather related school closings. Professional development for staff members also occurred with our District wide half day and delayed start day. The focus of our staff training on these days included a presentation on the abuse of prescription drugs by teens as well as staff presentations on the instructional and educational use of technology. We are continuing our commitment to broaden the use of technology throughout our curriculum by offering staff training and in house mentoring. The staff at Hampshire Regional wishes you a very happy new year and is thankful for your support of our continued work together.

CELEBRATING TEACHING AND LEARNING

We are proud to announce the following students who have been selected by the Massachusetts Department of Education for the John and Abigail Adams Scholarship based on their MCAS scores. They qualify for free tuition at any Massachusetts State College or University. These students are **Tom Alexander, Sam Antill, Evan Baum, Michael Boucher, Eleanor Cook, Taryn Crisafulli, Lauryn Cronin, Bryan Cummings, Trevor Devine, Marissa Dombkowski, Jonathan Downing, Ursula Elmes, Jaclyn Essa, Marissa Feldberg, Matt Furman, Elizabeth Gaudet, Karissa Gorman, Ben Hanson, Cara Haxo, Marshall Hendrick, Katherine Himmelman, Lauren Howe, Erika Kleeberg, Michael Konarski, Julia Mawdsley, Tia Novak, Sarah O'Connor, Nick Otis, Corey Pac, Adam Parsons, Brian Patterson, Joy Rizos, Caitlin Sarazin, Andrew Stolarik, Alexandra Tonelli, Charlotte Turner, and Emilie Wallace.**

In addition to the Adams Scholarship, the following students have qualified to receive the Stanley Z. Koplik Certificate of Mastery with Distinction. They are: **Kirsten Alexander, Ben Bachteler, Dan Brown, Stephanie Brown, Andrew Cauley, Danielle Dennett, Kaitlin Esposito, Chris Foskett, Andrew Gaspari, Matt Geary, Michelle Gosselin, Stephanie Hancock, Emily Hazen, Elizabeth Jekanowski, James Labrie Jr, Jamie Labrie, Derek Luong, Sean Martin, Kyle McWherter, Justin Mularski, Alex Pilger, Jon Pinsky, Brittany Rice, Keith Robbins, Kim Rosenthal, Michael Seklecki, Jacklyn Sniadach, Jessica Spear, and Savannah Taylor.**

FOREIGN LANGUAGE WEEK FOR FRENCH STUDENTS

Jean Gowdey and Michèle Higgins from the Foreign Language Dept. have developed a sequential, cultural activity for each French student. Two years ago, 7th grade and high school French 1 students chose a French speaking place, other than France, to study. Algeria, Burkina Faso, Guadeloupe, Luxembourg, Québec and Sénégal were among those randomly selected. Last year, these same students took a more in-depth look at a famous building, monument or landmark in “their” country. The written and oral projects were presented in class during Massachusetts Foreign Language Week, the first full week of March 2008. **Now as 9th graders**, they are creating a travel itinerary within their same country indicating places of interest, means of transportation and places to stay, along with authentic costs. Students will include a list of appropriate clothing, toiletries and necessary travel items. Finally, they will submit a journal about their trip.

The **current 7th grade and high school French 1** students are starting their adventure for the first time. In subsequent years, they will continue to research other aspects of these francophone countries in more depth and detail. As they carry this portfolio to their highest level of French, it is hoped that they will become resident experts with a wealth of new information about their adopted country.

HAMPSHIRE HISTORY DAY

On Wednesday, December 3, 2008 Hampshire Regional held its 26th Annual National History Day Fair. This year’s theme is “The Individual in History”. History Day is one of the methods recommended in the Massachusetts Frameworks for History and Social Science that a school can meet state requirements for teaching research skills. All students in grade 8 (World History I) and in U.S. History I (generally in grade 10) at Hampshire Regional are required to research and develop a History Day project. Any other HRHS student, regardless of grade, is also welcome to independently complete a History Day project. Students have the choice of doing an exhibit, a performance, a media presentation (documentary), a web page, or a research paper. Projects may be done individually or within small groups (except for papers). Many students this year opted to do exhibits, although students did projects in all categories .

A big thank-you to Virginia Ahart (retired, HRHS) and Linda Golash (retired, Birchland Park Middle School) for helping to judge our fair again this year. Thank-you also to Mr. Geoff Casey and Mrs. Andrea Belanger for joining our judging panel this year. Thank you also to the teachers of the grade 8 and grade 10 history classes: Mr. Butler, Mr. Green, Mrs. Carpenter/Mr. Wickman, Mrs. Cyr, and Mr. Touchette, who put in much time and energy assisting their students.

The mission of Hampshire Regional High School is to empower students to be capable and confident and prepared to meet the challenges of life. In partnership with our five towns, we create a supportive and respectful environment that fosters cooperation, critical thinking, and creativity. We encourage our students to explore opportunities that develop the knowledge and skills needed to be life-long learners and responsible participants in society.

The following students' projects were recognized and selected to have the opportunity to represent Hampshire Regional at the District History Day competition at Springfield Technical Community College on Saturday, March 7, 2009. Students from this group who decide to do further work on their projects (as expected in order to go to the district competition) will attend a special information and training session after school in early January, 2009. Students whose projects were chosen to have the opportunity to go on to the next level of competition will each receive a letter through their history teacher about this workshop. Mrs. Ahart, Ms. Golash, and Ms. Aitken will run this workshop. Mrs. Ahart is the Western Mass. coordinator for National History Day and both she and Mrs. Golash have judged at all levels of the competition; we greatly appreciate their expertise.

Grade 8

Marie Antoinette - **Jayne Moore & Elaina Paquette** - documentary
Alexander Graham Bell - **Courtney Jankowski & Keziah Behlke** - exhibit
William E. Boeing - **Eric Delisle** - exhibit
Roberto Clemente - **Ryan Luong & Robbie Carmel** - exhibit
Nadia Comaneci - **Stephanie Otis** - exhibit
Jacques Cousteau - **Emmett Blais** - exhibit
Albert Einstein - **Tyler Valinski** - exhibit
Adolf Hitler - **Andrew Murdock & Jacob Geryk** - exhibit
John Lassiter - **Ryan Dean** - exhibit
Nelson Mandela - **Marisa Otis** - exhibit
Rosa Parks - **Desiree Ely and Lauren Lavigne** - web page
Rosa Parks: The Mother of the Civil Rights Movement - **Mack Hale** - exhibit
Harriet Tubman: The Moses of Her People - **Hannah Weiss** - exhibit
Leonardo da Vinci - **Else Schlerman** - web page
Charlie Wilson - **Alex Korza** - exhibit
Muhammad Yunus - **Megan Thompson-Munson & Elizabeth Woods** - exhibit

Honorable Mention - Grade 8

Elizabeth Blackwell - **Kathryn Mari** - exhibit
Siddhartha Gautama - **Angela Essa** - exhibit
The Man Made of Chocolate: Milton Hershey - **Meg Hatzipetro** - exhibit
Louis Pasteur: The Scientist of Many Discoveries - **Kim Kubosiak** - exhibit

High School

The Life of Milton Bradley - **Margo McCarthy & Bailey Gobillot** - exhibit
Marie Curie: Scientific Pioneer - **Karolina Bak, Caitlin Cauley & Kendra Lohr** - exhibit
The Greatest Imaginear: Walt Disney - **Cailee Dean** - exhibit
Doris Day: The Fact Behind the Act - **Sarah Labrie** - performance
Amelia Earhart: Woman of the Air - **Leah Lyons & Shelby Benoit** - exhibit
Ella Fitzgerald: Breaking the Barriers with Jazz - **Jessica Rosewarne & Molly Kelly-Gorham** - performance
The Butcher and the Marble Man: Grant, Lee, and the American Civil War - **Sam Hanson** - performance
Milton S. Hershey - **Robert Dragon, Zachary Kareta, Evan Klich & Michael Sarafin** - exhibit
Adolf Hitler: Why Genocide? - **Matt Patton** - exhibit
Janis Joplin - **Tylor Gosselin, Megan Sylvester & Aimee Ouimet** - documentary
Helen Keller's Miraculous Life - **Lauren Walker** - documentary

Eugene F. "Gene" Kranz: The Man Behind the Missions - **Jonathan Labrie** - exhibit
Alfred Nobel - **Brendyn Pac, Hudson Cooney & Alexander Malanowski** - web page
Genesis P. Orridge - **Dustin Sheehan** - documentary
Jesse Owens: The First Olympic Track Star - **Courtney Blanchard** - exhibit
Harriet Beecher Stowe: The Surviving Legacy - **Abigail Szatrowski** - exhibit
Twiggy: Fashion Icon - **Tori Weltlich** - exhibit

Alternates - High School

Walter Freeman: The Lobotomist - **Hannah Davidson** - exhibit
Lenin: The Catalytic Leader of Communism - **Dylan Hand & Michael Morin** - exhibit
Captain America: Fiction or Freedom? - **Lucas Fitzpatrick** - historical research paper

Honorable Mention - High School

Frida Kahlo: the Artist who Painted Herself - **Ashley Novak** - exhibit
Edson Arantes do Nascimento: "Pele" - **Austin Champagne** - exhibit
Jackie Robinson - **Tom Dolan** - exhibit
Vasily Zaitsez: The Sniper of Stalingrad - **Patrick Anthony, Jameson Leveille & William Cote** - exhibit

Congratulations to all who participated in History Day this year. Good work to those going through to the District Competition.

Tonya Aitken
HRHS History Day Coordinator

ACADEMIC SOCIETY

Academic Society Annual Carnation Sales begin on January 29 and end February 10. Flowers will be sold in the cafeteria at lunch and will be delivered to homerooms on Friday, Feb 13. Proceeds will be donated to a charity to be selected by the membership of the Academic Society.

CLASS OF 2009 NEWS

Senior year is well underway, and in the midst of challenging classes and extra-curricular activities, it's time to start planning for our many exciting events in 2009.

Many students have already paid for their senior T-shirts as part of the senior bundle. For those who haven't, the cost is \$10 for a short sleeve shirt or \$13 for a long sleeve shirt. All shirts must be paid for by January 30. Shirts will be available in March.

Next, we will be having the seniors versus faculty volleyball tournament on Friday night, March 27 starting at 6:00PM. Students sign up in teams of six. All teams must be co-ed, at least two players of each gender on every team. All teams must be registered by March 1. This event will be a fundraiser for the Class of 2009. Admission will be \$3 for adults, and \$2 for students.

Senior Week, June 1-5, 2009:

Monday, June 1 – High Meadows (\$45) an all day trip to an amazing outdoor picnic with tons of sports and activities, entertainment, and all-you-can-eat buffets. Be at school by 7:45AM. We will return to HRHS by 5PM.

Tuesday, June 2 – Senior BBQ (\$35) at the Northampton Clarion starting at 5 pm. The Senior Slideshow will be viewed at this event.

Wednesday, June 3 – Senior Awards Night in the HRHS Auditorium.

Thursday, June 4 – Breakfast (details forthcoming).

Friday, June 5 – Commencement at John M. Green Hall in Northampton 7PM

(Note – High Meadow and the BBQ were included in the senior bundle, but they can also be paid for separately. All money for these two events must be in by Thursday May 21.)

Thanks, and here's looking forward to a great 2009.

Michael Braidman Advisor, Class of 2009
mbraidman@hr-k12.org

GRAD NITE TRIP TO DISNEY

Grad Nite Participants: All Grad Nite participants and one parent **MUST** attend a mandatory meeting on Thursday, April 2nd to sign the behavior contract for World Strides and complete the medical release form. Please bring your medical insurance card, as you will need your policy number. You will also need your doctor's name, address and telephone number. Any medical needs should be discussed individually with Laura Facticeau or Kim Lech the night of the meeting. Other topics for discussion include the itinerary, packing instructions, expectations, and other rules and regulations. If your child will not have a Massachusetts Driver's License before the trip, they must obtain a Massachusetts State Identification Card so they will be allowed to board the airplane. Please mark your calendars with this important date.

PTSO AND MUSICAL

WE <3 OUR TEACHERS!

The PTSO is organizing a "Teacher Treat Day" to be held on the first Tuesday of each month. If you would like to sign up to contribute a baked good or other edible treat, either one time or on a monthly basis, contact Janet Glosick by email: jarglos32@charter.net.

FROM THE MUSIC DEPARTMENT

Music Department News

The HRHS Music Department has already been very busy with many activities already this year, with many more yet to come.

For their first performance of the year, the Chamber Singers performed at a benefit for the Northampton Survival Center held in the Florence Civic Center on October 26. Joanne O'Leary, former HRHS teacher, was a sponsor of this event. The performers did a wonderful job helping raise awareness of and funding for this worthy cause.

Thursday, October 30 the *Princeton Footnotes*, an all-male cappella singing group from Princeton University, performed a special assembly for all the high school students. It was a fun and inspiring performance which proved to be a jumping off point for the forming of a new cappella group here at Hampshire, started by two seniors: **Cara Haxo and Sam Antill**. Our newly formed a cappella group,

The Insingerators, performed a piece arranged by Sam at the December Drama production and again at the Holiday Concert to rave reviews.

Our November 19th Fall Concert featured the high school performing ensembles including the Chamber Singers, High School Chorus, High School Concert Band, High School Jazz Band and the B Day Middle School Singers.

Both Senior and Junior Western District auditions have been held with Hampshire students making a fine showing. The following students have been accepted into Senior District ensembles: **Mike Boucher '09 (all-state rec.)**, **Cara Haxo '09 (all-state rec.)**, **Sam Antill '09 (all-state rec.)**, **Grayson Fleischner '09**, **Matthew Werleman '09**, **Rory Kitchen '10 (all-state rec.)**, **Sarah Labrie '11 (all-state rec.)** and **Chris Bassett '12 (all-state rec.)**. The following have been accepted into Junior District ensembles: 8th graders - **Jayna Labrie**, **Zoe Bagdoyan**, **Megan Thompson-Munson**, **Alyssa Labrie**, **Else Schlerman**, **Hannah Weiss**, **Ben Ashley** and **Dakota Stuart**, and 7th graders – **Luna Hino-Nakayama**, **Emma Cook** and **Shannon Raymond**. Congratulations to these students and all who auditioned. Good luck in January for your All-State auditions.

The newly resurrected Holiday Concert was a big success and featured a sing-a-long of seasonal carols for the audience to join in on with all band and chorus members. Luckily, Thursday, December 18 was a clear night; practically the only one we've had for the past two weeks.

The next scheduled concert will be our Winter Concert to be held on Wednesday, February 11 at 7 PM. All ensembles will be performing including the Concert and Jazz Bands, Middle and High School Choruses and Chamber Singers.

SECOND ANNUAL MUSICAL THEATER PRODUCTION

Auditions for our musical are currently in progress as the students get excited to put on the second annual **Spring Musical - The Music Man**. Performances will be Friday and Saturday, March 20-21 @ 7:30 PM and Sunday, March 22 @ 2 PM. Watch for more details to come on this performance.

ALUMNI RECOGNITION NIGHT

Lady Raiders Basketball

The tradition continues as we invite former Lady Raiders to be honored at a special half-time event during our game on Thursday, January 9th. Please spread the word to former players who may be in town for college break. This is a great way to catch up with players and their families who have supported the program in past years. For more information and to RSVP, please contact Liz Provo at 413-529-2970 (liz@ma4salebyowner.com) or Coach Vega 413-527-7680 x1071 (dvega@hr-k12.org).

Liz Provo, HRHS Lady Raiders Parent Volunteer

Contact Information:

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GUIDANCE NEWS

HAMPSHIRE REGIONAL HIGH SCHOOL

JANUARY - FEBRUARY 2009

VOCATIONAL SCHOOL INFO:

Students interested in attending Smith Vocational and Agricultural High School for 2009-2010 were asked to submit a budget form to the guidance office before the Holiday Break. If your student is planning on transferring from HRHS to Smith Vocational & Agricultural High School next year, the Superintendent's Office must be made aware of that fact before adopting next year's budget. After the Holiday Break, students who have not submitted a budget form who still would like to apply will have their name added to a waiting list. Students interested in learning more about vocational education met with a representative from Smith Vocational & Agricultural High School on Nov. 19th. If you have questions or would like to request information, please contact Katie Watkins at 527-7680 or kwatkins@hr-k12.org. Students will be filling out applications for a January 30th deadline. Workshops will be held on interviewing techniques, as interviews are now part of the application process. Look for information on a March Open House at Smith Voc. to be coming home with your student.

2009 – 2010 COURSE REGISTRATION:

The course registration process for the 2009 – 2010 school year is almost ready to begin! Please note the following important dates:

Week of January 26, 2009: Program of Studies available online (if you do not have internet access, please contact the guidance office for a hard copy)

February 23rd – Assemblies for 9th, 10th, and 11th graders on the scheduling process and elective choices. Representatives from various departments will be presenting elective options. (Parents / guardians are welcome to attend)

February 26th - Teacher Recommendation Day (Snow date – Feb. 27th): Students take their Course Registration Form around to all of their teachers throughout the day to obtain recommendations for courses and levels for next year.

March 2nd – Parents / guardians mailed the teacher recommendation form and appeal process.

NEW EMAIL GROUP:

High school guidance counselors are putting together a group email for parents/guardians of seniors as a pilot to increase communication. The group will be used to inform families of upcoming events and other important

information. If you would like to be added to this group or to confirm the email address the school has on record, please email Maureen Monaghan, Guidance Administrative Assistant at mmonaghan@hr-k12.org. This is a pilot group – others will be added later.

PSAT'S

Nearly 80 junior and sophomore students and some 20 parents attended a morning PSAT presentation on December 10. The 45-minute session, put together by Jeanne Thompson, was designed to assist students with interpreting their PSAT results and using the information provided to prepare for the SAT. Students and parents are encouraged to utilize the online resources provided by CollegeBoard, at www.collegeboard.com/quickstart. Students can log on with the access code provided on their paper report.

COLLEGE APP. PROCESS

Guidance counselors continue to meet with seniors as they finalize their college applications. Please remember that seniors must request any materials to be sent from Guidance (transcript, letter of recommendation from the Guidance Counselor, etc.) a minimum of 12 FULL school days before the deadline. Twelve FULL school days is needed to draft the quality of letter that you want your student to have. Thank you in advance for your cooperation and understanding. In addition, just a reminder – the last step of the college application process is for the student to write thank you notes to everyone who helped them in the process. This is a great opportunity to encourage your student to develop the character quality of gratefulness. Over 45 students have already sent out multiple applications. (This translates to approximately 300 college files). A big thank you goes to all the teachers who wrote letters of recommendations and to Maureen Monaghan who processed all the paperwork.

Upcoming College Application Deadlines:

<u>College App. Deadline</u>	<u>Guidance Deadline</u>
February 1	January 12
February 15	January 28
March 1	February 4
March 15	February 25
April 1	March 13

SCHOLARSHIP APP. PROCESS

Because teacher recommendations mailed from guidance cannot be viewed by students, the following process should be followed for scholarship applications:

1. The student completes the scholarship application
2. The student should complete a records release form for scholarships available in the guidance office
3. The student gives the following to Ms. Monaghan in guidance:

- The scholarship application
- The records release form
- Any accompanying materials the student would like sent with the scholarship application
- A 9 X 12 envelope with 4 stamps addressed to the scholarship organization

*** All requests to the guidance office for scholarship materials including transcripts must be made at least 12 FULL SCHOOL DAYS prior to the deadline.

WEBSITE

Please be sure to check the HRHS website (www.hrhs.net) on a regular basis to keep up to date on what's happening in Guidance. You'll find the latest on the college application process, scholarships, scholarship application process, etc. Click on the College-Bound link under Guidance to get to the Scholarships page.

LETTERS OF RECOMMENDATION FOR PRIVATE SCHOOLS, COLLEGES, SCHOLARSHIPS, ETC.

A reminder for parents/guardians, and students applying to private schools.....this excerpt is taken from the HRHS Student-Family Handbook: "Students, parents or guardians who request a letter(s) of recommendation from any staff person for application to a private high school, college, scholarship, or for any other reason must make the request a **minimum** of twelve full school days in advance of the deadline." Thank you.

FINANCIAL AID NIGHT RE-CAP

The Financial Aid Night presented on December 3rd was a tremendous success. Over 70 parents/guardians and students turned out to hear an excellent presentation from Ms. Elizabeth Petri, Director of Financial Aid at Massachusetts College of Liberal Arts. If you were not able to attend, there are a limited number of information packets available in the Guidance Office. Please send your student to pick one up. In addition, you will find great financial aid information at the MEFA website at www.mefa.org. There is also a list of financial aid websites available on the HRHS Guidance website at <http://www.hrhs.net/content/guidance/finaid.php3>.

When in doubt, it is always best to contact the financial aid office at the colleges where your student is applying.

SAT'S

Current juniors are encouraged to take the SAT one time in the Spring and one time in the Fall of their senior year. Please note the following dates with accompanying registration deadlines for upcoming SAT's:

<u>Test Date</u>	<u>Regular Registration Deadline</u>
Mar. 14, 2009	Feb 10, 2009
May 2, 2009	Mar. 31, 2009
June 6, 2009	May 5, 2009

The best way to register is online at www.collegeboard.com. You will need the HRHS school code to register: **220722**.

AND NOW THE COLLEGE APPLICATION PROCESS BEGINS FOR JUNIORS (AND OTHER INTERESTED PARTIES)

All juniors and their parents/guardians are strongly encouraged to attend the "Navigating the College Application Process" workshop to be held on **Thursday, April 9th, 2009 at 6:00 p.m. in the Auditorium**. Parents / guardians of any student in any grade who are interested in the college application process are invited to attend.

GUIDING GOOD CHOICES UPDATE

Congratulations to the 12 Parents who met for 5 weeks between Oct. and Dec. in the HRHS library joining thousands of parents nationwide who are working to create strong families and raise healthy children. The Guiding Good Choices Program is a 5 session program for parents who want to learn and do more to reduce the risk of their children developing drug or alcohol problems, or other serious problem behaviors as teenagers. Parents enjoyed networking with other parents of 9-14 year olds and sharing ideas and strategies for staying connected. Dinner and door prizes were provided each week. We loved meeting your children during session three. For more information, or to see about participation in a future offering of this program, contact Jan Sniffen or Leslie Giordano at HRHS.

HRHS GUIDANCE: 413-527-7680 x2

Patti Richmond: A – F (prichmond@hr-k12.org)

George Gunn: G – Labrie (ggunn@hr-k12.org)

Jeanne Thompson: Lac – Z (jthompson@hr-k12.org)

Katie Watkins: grades 7 – 8 (kwatkins@hr-k12.org)

Leslie Giordano: School Psychologist and Adjustment Counselor (lgiordano@hr-k12.org)

Jan Sniffen: Adjustment Counselor (jsniffen@hr-k12.org)

Maureen Monaghan: Administrative Assistant (mmonaghan@hr-k12.org)